

NANAY Resumes Service to the Elders

North Miami, Florida – November 2022

More than two years after closing the Center in March 2020 because of the Covid pandemic, NANAY finally resumed its services for the elders in July 2022. NANAY initially announced its plan to reopen the Center in June 2021 after more than a year of hibernation but held back again for another year due to the resurgence of Delta Covid and Omicron. The elders registered for membership and expressed their excitement upon learning that the Center would be open at least three days a week (from Thursday through Saturday) from 11:00 am to 4:00 pm.

Recreational activities like bingo games remained a popular activity for the elders, where they were able to joke around and enjoy the camaraderie of the friends. Other activities were added to the schedule like diamond painting, glass painting, stretching exercises, senior Zumba and computer classes. Once a month, the elders also celebrate combined birthday parties for members who are born on the same month. In conjunction with the popular Meryenda FEST, a Women’s Breakfast meeting is also scheduled on Saturday mornings every month or two where the elders and guest talk about helpful topics like dealing with grief, how to depression, and caring for family.

