

KABABAYAN FEST AND NANAY HEALTH EXPO

Miami, Florida – Feb 2, 2006

NANAY is pleased to announce another major community outreach through its KABABAYAN FEST and NANAY HEALTH EXPO that will be held at Griffing Park in North Miami from 9 am to 5 pm on FEBRUARY 18, 2006 (Saturday).

This one-day event will include FREE health screening (blood pressure, glucose, cholesterol, glaucoma testing, bone density screening and others), health and community service booths, food and arts & crafts booths., and some give-aways. Cultural shows will feature Musikong Kawayan (Bamboo Ensemble) of Tampa, AKI and I, Polynesian Review, Heart and Sol , Pinoy Beat, PhilAm Youth Cultural Dancers, Ethnic Fashion Show and more.



Musikong Kawayan (Bamboo Orchestra) is composed of more than 25 talented members under the direction of Nnick Ramiro Pacis, a composer and arranger from the University of the Philippines. The orchestra will feature three different types of instruments that are deeply rooted in the culture of Filipinos and clearly portrays the indigenous heritage of the Philippines—the bamboo instruments reflect the tribal history, the xylophonic percussion gongs mirror the Moslem influence, the strings (rondalla) depict the more than 400 years of the Spanish rule prior to the Philippines gaining independence.

AKI and I is a unique group of three young talented brothers who decided to put their talents into one fascinating ensemble combining hip hop dancing and the unique beating of drums with an ethnic twist. This group performed recently at the University of Florida in Gainesville where they received seven curtain calls in a standing ovation.

Tama Leao's Polynesian Revue features Hula Girls, Fire Dancers and Island Music from the best Polynesian performers in town. Heart and Sol features local recording duo John B. and Dada.



The NANAY Health Expo will mark and serve as an official announcement of the formal partnership between NANAY, Inc., NANAY Health Center and Miami Beach Community Health Center.

NANAY, an acronym that stands for National Alliance to Nurture the Aged and the Youth has been providing supportive services to elders and youth since its incorporation in November 1994. Although initially targeting Asian elders and youth, NANAY's services have been extended to other ethnic groups particularly in North Miami where its Community Center is located. A total of 275 elders (age 60 and over) are currently fully registered at the NANAY Community Center and participating in our regularly scheduled activities. They consist of 94 Asians (34%), 69 Haitians (25%), 44 African Americans (16%), 46 Caucasians (17%), and 22 Hispanics (8%). Majority of them are residing in North Miami and immediate vicinities, although elders from Broward County also receive services.

Last year, hundreds of elders participated in numerous hours of Personal and Caregiver Counseling, Health Support (tai chi sessions, soft exercises, health screening and health counseling), Recreation and Center-Based Socialization at the NANAY Community Center. A total of 108 clients attended NANAY computer classes, 178 at risk elders in North Miami received home visits and family counseling through its Early Intervention Program, 78 elderly clients were provided special transport to doctor's appointments, banks, and shopping. 87 participants attended Financial Literacy-Money Smart Program for asset building, and 92 youths were served under Y-STEP Program.

NANAY Health Center official opened in North Miami last year, and provided primary health care services to 492 uninsured patients (195 Asians, 185 Haitians, 42 Hispanics, 56 African Americans, 14 Caucasians). A total of 576 adults (158 Non Hispanic Whites, 107 Haitian/African Americans, 84 Hispanics, 116 Asians) were vaccinated for hepatitis, influenza and/or pneumonia, 178 at risk elderly (mostly Haitian) clients received home visits, counseling, supportive services, and assistance in acquiring government benefits, and 150 children (106 Haitians, 21 Hispanics, 22 Black, 1 Asian) received a total of 422 shots of vaccines.

Established in 1977 as a federally funded community health center, the Miami Beach Community Health Center (MBCHC) has grown into a fully integrated medical facility offering a broad spectrum of services for patients of all ages. Through its newly established partnership and memorandum of agreement with NANAY, MBCHC will be providing primary medical care, program case management, family planning, pharmacy, obstetrics/gynecology, dental, counseling programs, pediatrics, health education programs, podiatry, prenatal care, laboratory and immune support programs to patients of NANAY Health Center in North Miami. Miami Beach Community Health Center is a member of the National Association of Community Health Centers and the Florida Association of Community Health Centers. Governed by a community board of directors, it is a JCAHO-accredited, not-for-profit corporation.

KABABAYAN FEST and NANAY HEALTH EXPO is sponsored by LBC, which has become a household name to Filipinos since launching its cargo and courier services in Luzon, Philippines during the post World War II period over half a century ago. LBC now has over 60 branches in the U.S. that link *people to people* through the express delivery of services that include cargo, courier, money remittance and travel. In the start of the new millennium, LBC USA has put up LBC Foundation to bridge corporate interests with public needs.

Kababayan Alliance Program (KAP) is a joint project of the LBC Foundation and various organizations located throughout the United States. KAP aims to provide these organizations with the means and capability to reach constituents around the world with information that is crucial to the needs of an ever-growing global Filipino community.

KABABAYAN FEST will also mark the beginning of a partnership between LBC and MoneyGram, that will allow its customers to send remittances to the Philippines as well as other countries across the globe. LBC is currently considering the possibility of opening up new branches in Florida.

KABABAYAN FEST- NANAY Health Expo is **FREE** to the public, and will be held at Griffing Park (tri-corner of NE 123 Street, Griffing Boulevard and West Dixie Highway in North Miami), less than half a mile from NANAY Community Center. The event is held in partnership with the City of North Miami and the Philippine American Federation of South Florida.

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