

PRESS RELEASE

NANAY HOSTS WORKSHOP FOR HEALTH PROFESSIONALS

Miami, FL – August 3, 2009

On July 25, 2009, NANAY hosted a one-day workshop on Diabetes and Caregiving at the Holy Cross Hospital in Broward, Florida, attended by 65 nurses and other health care professionals. The program was designed for ARNP's, RN's, and LPN's who wanted to learn and apply relevant and new information and methods in Diabetes management and education.

A comprehensive update on diabetes control was provided by distinguished experts in the field, including Jerry Ciocon, M.D. (Associate Chief of Staff, Cleveland Clinic of Florida, and Chairman, Department of Geriatrics, Cleveland Clinic of Florida), Charles Bonanno, Pharm.D, M.B.A (Owner of Simfa Rose Pharmaceutical Specialty), Matthew Soff, M.D. (Internist at Florida Medical Center and Gastroenterologist at West Broward Gastroenterology and Internal Medicine), Judy Harnet, MSW, CDE (Registered and Licensed Dietitian, Master of Social Work and Certified Diabetes Educator), Diana J. Galindo MD, FACS, AGSF (Internist, Geriatrician and Educator at the Cleveland Clinic Florida), and Christina Mata, MD (Endocrinologist and Director of Women's Health and Metabolic Services at Holy Cross Hospital).

Attendees overwhelmingly gave an excellent evaluation of the workshop and agreed that “these knowledgeable speakers provided very good information and patient education”.



Principles of lifestyle management with nutrition and physical activity in diabetes, pathophysiology, clinical presentation and management of Type 2 and Type 2 Diabetes; current medical and holistic therapies including Non-Insulin Incretin Therapy for Diabetes, metabolic syndromes, clinical implications in older adults and gastrointestinal complications of diabetes were among the topics discussed.

“Diabetes and caregiving both impose a substantial burden not only on patients and their families, but also in our society as well”, said Dr. Joy Bruce, NANAY’s Founding President and Board Chair. “Additional knowledge gained from this workshop would no doubt translate into better health care.”

The workshop was coordinated by the NANAY Health Board and Pinky Chance, ARNP, PhD, EJD of South Florida Council of Advanced Practice Nurses, with support from Ely-Lilly, Holy Cross Hospital and AETNA Foundation.

ABOUT NANAY: National Alliance to Nurture the Aged and the Youth is a 501(c)(3) community-based organization established in 1994 to provide supportive services to elders and youth. It has a community center in North Miami, Florida that offers geriatric counseling, transport, “soft” exercises, educational workshops, arts and crafts, socialization, health support, early intervention, home visits, caregiver support, intergenerational programs, computer classes for seniors, financial literacy, and after-school computer access for youth.

Through its nonprofit affiliate, NANAY Health Center, Inc., professional volunteers provide counseling, periodic medical consultations, immunizations, health forums, workshop and regular health screening. Its other nonprofit affiliate, NANAY Housing Resource Center, provides homebuyer education, housing counseling, case management, government subsidy assistance to first time homebuyers, and foreclosure intervention program.

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