

2005 CURRENT PROGRAMS

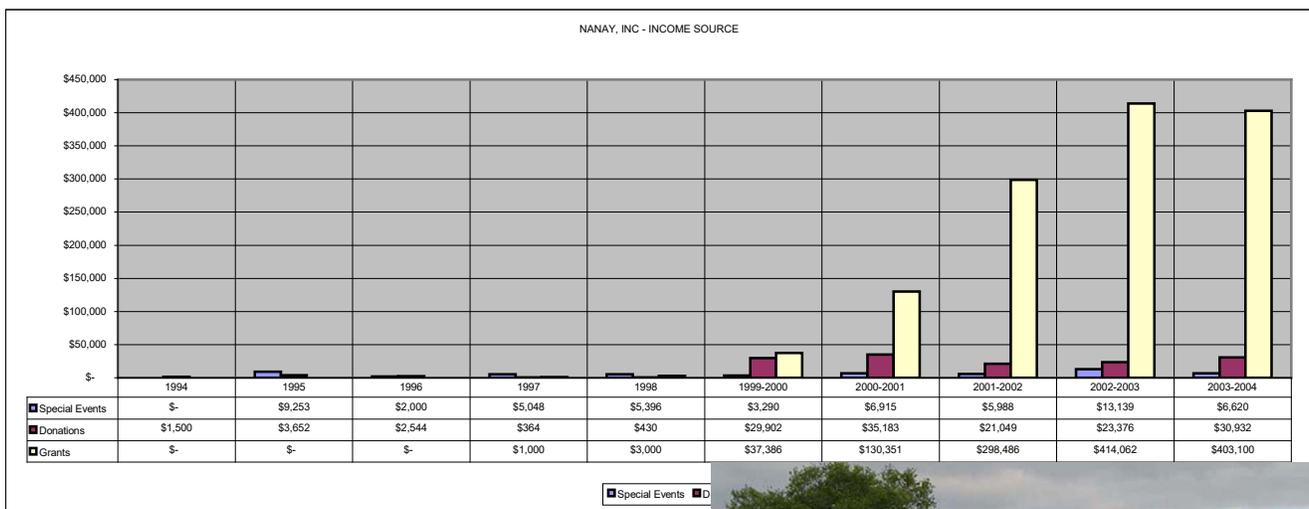


- Counseling
- Transport
- Health Support
- Immunization Awareness Program
- Caregiver Support and Respite Care
- Tobacco Control Program
- Community Forums and Self-Enhancement Workshops
- Intergenerational Programs

- Center-Based Socialization and Recreation
- Computer Classes

To date, NANAY has served more than 500 elders and more than 100 youth from different ethnic backgrounds (60% Asian, 20% Non-Hispanic White, 14% Black, 6% Hispanic). The majority of elders served belong to the low-income and very-low income group. These free services are currently provided at the two-story NANAY Community Health Center in North Miami.

The dramatic expansion of NANAY's programs -- largely due to increased confidence by funding agencies in our ability to provide quality services to the community -- is poignant testimony to the impact that NANAY can have on the quality of life of elders and youth, given the necessary tools and financial support. Our experience indicates that an equally dramatic growth rate will be achieved in the decade ahead with the continued commitment of all top community leaders, and with support from civic-oriented individuals and private institutions.



A Plan for the Future



NANAY has always provided a high standard of service, and has consistently developed new approaches and new programs in response to the constantly emerging needs of our community. The major issues that we have identified among elders include high cost of medical care, cultural and language barrier, lack of medical insurance, need for health education and preventive health care, and too long waits in the emergency room for non-life threatening illnesses. NANAY aims to address these needs by providing preventive and affordable primary health care to the medically underserved in Miami-Dade and Broward Counties.

HEALTH PROGRAMS

All people in need, regardless of their ability to pay, will have ready access to the full range of preventive, primary, mental, and supplemental health services on-site, as well as dental health services off-site through established arrangements with other providers. The Primary Health Care component will include geriatric care, well-child care, immunizations, gynecological care, hearing and vision screening, diagnostic tests and screening, mental health counseling, walk-in medical care, family planning services (contraceptive management) and follow up of patients during hospitalizations. Enabling services will include case management, eligibility assistance, health education, counseling, interpretation/translation services, nursing home/ assisted-living placement and transportation. Preventive services will include cardiovascular disease prevention, diabetes control, immunization awareness, and child/elder abuse prevention. NANAY will ensure participation of people from diverse culture, including those with limited English-speaking proficiency, The NANAY Health Center will also hire culturally and linguistically appropriate staff that are responsive to the cultural diversity of clients served.

YOUTH PROGRAMS

NANAY's Special Youth Initiative (SYI) and Youth Success, Transition and Empowerment Project (YSTEP) are focused on building self-esteem, pro-social skills, academic proficiency and health habits, as well as providing HIV-AIDS prevention and early intervention services for at-risk adolescents and adults through social and personal development sessions. A Crisis Intervention and Referral plan will be instituted to address issues on suicide, physical or sexual abuse, drug or alcohol abuse and personal or family crisis occurring during the course of project activities. This comprehensive program will address the positive growth and development of youth.

INTERGENERATIONAL PROGRAMS



Through our intergenerational programs, we have also found a need to provide a rich, collaborative, and active environment where learning and youth involvement in community issues can be maximized. Our plan, therefore, is to expand the NANAY Community Center and incorporate a Computer Clubhouse that will serve as a common resource and learning center where youth will be able to use technological advances in developing their projects, based on their own interests. Students can sharpen their skills in

creating publications, composing music, producing artwork, designing experiments, planning their own events, creating websites and exploring the internet. Such added skills, together with potential collaboration with elders in computer-related activities, will generate enthusiasm and provide an incentive for the students to design programs that will be of benefit to the community, to the elders, and to themselves. By encouraging youth to work on projects that are related to their own interests, they can be motivated to design and develop interactive programs that are directly or indirectly related to supportive service for elders.

HOUSING AND COMMUNITY DEVELOPMENT

The NANAY Community Development Corporation is now incorporated as an affiliate organization of NANAY, Inc. (1) to advance community development programs that empower, transform and improve the lives of low- and moderate-income, minority or disadvantaged individuals and communities; and (2) to develop affordable housing, counseling, education and other supportive services for the community that it serves within the contiguous Counties of Miami-Dade and Broward, located within the State of Florida

Our plan for the future constitutes a quantum leap in the positive impact of NANAY on the lives of our elders and youth. Ten years ago, the task of achieving a much smaller goal seemed much more formidable. Yet, the goal was reached. The need is now at hand to build upon an earlier investment and a rich legacy, to build for today's and tomorrow's needs.

We invite you to be part of that legacy.