

NANAY Holds Workshop

August 31, 2002
Miami, Florida

At 2:30 pm on Saturday, August 31, in Room 236 of the Moscone Center Mezzanine, close to 30 people attended NANAY's workshop and panel discussion on: "SUCCESS STRATEGIES: Building Our Community", as part of the Global Convention. Delegates from various States as well as from the Philippines met the representative officers from three regional chapters of NANAY (San Francisco/Bay Area, Michigan and Florida).



Dr. Rose Marie del Rosario, NANAY's National Secretary and Program Director, facilitated the workshop. Vibrant and humorous, she kept the audience fully at ease and alive. *Bennie Trinidad*, NANAY's Executive Director, gave a very interesting PowerPoint presentation on what NANAY is all about, its mission and vision, and current activities. He said that too often, we see our elderly as depressed and isolated. They are viewed as babysitters or they may see themselves as a burden. NANAY plays an important role in that we help provide the elderly with their needs so that they can become active, productive members of our society. Flipping through the pages of his PowerPoint presentation, he showed a robust, healthy and highly-motivated elderly today in Miami sans canes and walkers -- the result of NANAY's constant care and work with them. NANAY currently provides elders with free transport, health support, counseling, recreational activities, tai-chi exercises, computer classes, workshops, community forums at Asian Pacific American Community Center in North Miami, Florida and just recently opened a satellite center in South Dade, Florida. Funding is derived from community donations and government grants.

Divine Marcelo, San Francisco/Bay Area Youth Council chair also gave an awesome PowerPoint presentation on NANAY activities in the Bay Area the last year-- picnic activities that included games, caroling, elderly visitation, and launching of the Grandparent Matching Program. This was followed by *Ed Navarra*, NANAY-Michigan Assistant Regional Executive Director, who reported on their respective activities and plans for their region. *Dr. Joy Bruce*, Founder of

NANAY, went through a list of major steps on how to set up a nonprofit organization and obtain 501(c)(3) status, fund-raising and how to write and obtain grants. This was followed by Dr. Rose Marie del Rosario's dissertation on organizational linkages, administrative and fiscal accountability, program and service delivery.

The interactive question and answer session that followed gave the attendees and participants a better idea of how to tap government and other institutions for funding, how to set up their own programs, how to be empowered, and how to become better leaders and movers in their own communities. Through this Global Network Empowerment workshop, NANAY was able to discuss about empowerment, networking and sharing of resources.

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