

BenefitsCheckUp® connects struggling seniors to programs that can help them afford food, utilities, medicine and more...

Medications



You may be eligible for programs that save money on **medications and other health care costs (such as copays and deductibles)**. People who have applied for these benefits **can save, on average, \$4,900 annually** in assistance.

Examples of Medication Programs

- Medicare Part D
- LINET - Immediate Prescription Coverage for LIS/Extra Help Members
- Medicare Low Income Subsidy (LIS)/Extra Help
- State Pharmaceutical Assistance Program (SPAP)
- Patient Assistance Programs
- Prescription Savings and Discount Cards

Health Care



You may be eligible for programs that can provide **health insurance** that pays for your medical costs and other medical expenses.

Examples of Health Care Programs

- Medicare Savings Programs
- State Medicaid Programs
- Home and Community-Based Services (HCBS)
- Health Centers for Primary Health Care and Dental Services
- Program of All-inclusive Care for the Elderly (PACE)
- Chore Services

Income Assistance

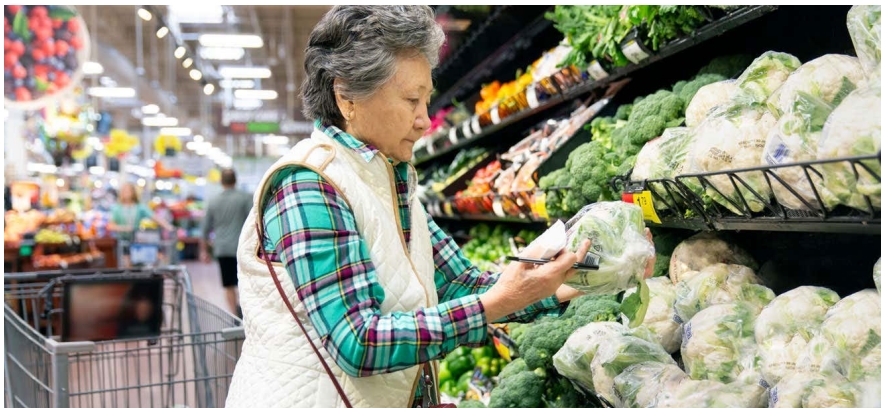


You may be able to get help from programs that can provide you with **cash assistance** so that you can have a minimum level of income to pay for basic needs such as: food, clothing, and shelter.

Examples of Income Assistance Programs

- Supplemental Security Income (SSI)
- State Supplemental Income Program
- General Assistance
- Retirement Programs
- Pension
- Information and Assistance Services

Food & Nutrition



You may be eligible for nutrition assistance programs that give you a **cash benefit** so that you can buy nutritional foods to help you stay healthy. You can also get help from **food / meal assistance** programs which can be delivered to your home or at various community locations.

Examples of Food & Nutrition Programs

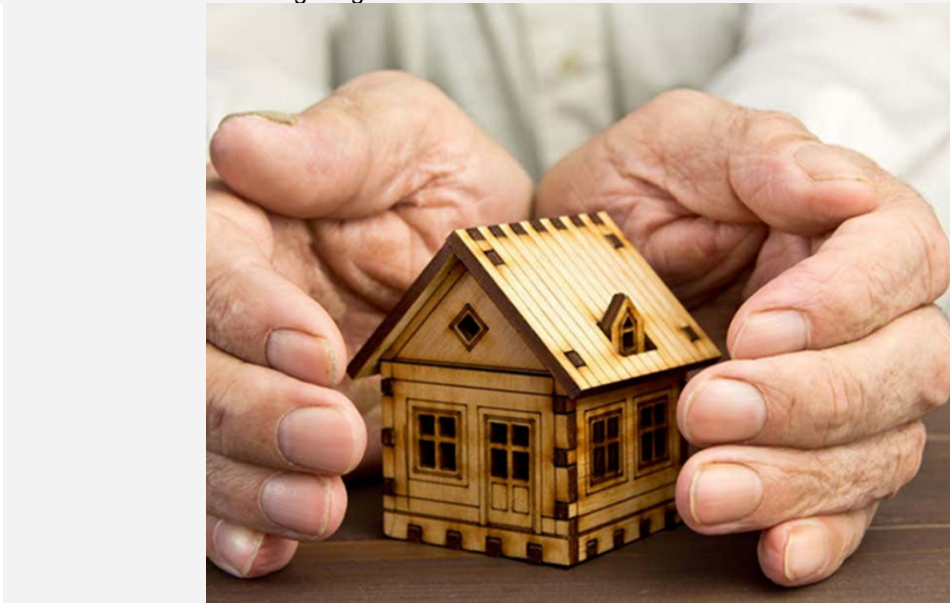
- Supplemental Nutrition Assistance Program (SNAP)
- Home Delivered and Congregate/Group Meals
- Commodity Supplemental Food Program (CSFP)
- The Emergency Food Assistance Program (TEFAP)
- Senior Farmers' Market Nutrition Program

Housing & Utilities

You may be eligible for housing programs that can help you find and pay for **affordable housing or help you keep your home**. There are also **home repair** programs that can help you fix critical and safety issues found in your home or help pay for your household utilities (e.g. heating, cooling, and phone).

Examples of Housing & Utilities Programs

- HUD and Section 8 Housing Programs



- Low Income Home Energy Assistance Program (LIHEAP) and Weatherization
- Foreclosure Prevention & Assistance
- Lifeline and Link-Up Programs
- Safelink Wireless and Assurance Wireless Programs
- Home Repair and Renovation Programs

And More ...



Don't miss out on other benefit programs such as: **counseling assistance** that can help you better understand your health insurance coverage, **information and referral** services, Family Caregiver Support and Respite Care Services, **pension assistance**, parks and recreational **discounts**, Legal Services and Assistance Programs, education programs, free Public Transit and Reduced Fare Programs and other services.

For more information, CALL:

(305) 981-3232

